



Lion's Roar

"Everything Counts in Small Amounts"

Volume 10-Issue 1



July 2010

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Citrus Heights Lions

7521 Community Drive
PO Box 7482
Citrus Heights, CA 95621

ABOUT US

- Chartered: September 7, 1949
- District 4-C5
- Washoe Region
- Diamond K Zone
- Dinner Meetings
1st, 2nd, 3rd
Wednesday at 7:00 PM
- Business Meeting: 4th
Wednesday at 7:00 PM

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WE ARE OFF TO A GREAT START

The past month has been filled with great accomplishments.

- * Our Steak & Scampi will be held September 25, 2010 and almost all of the tickets are sold. If you have any unsold tickets, please turn them into Linda Poulson. If you have sold tickets, please turn in the money as well to Linda.
- * We are getting ready for the 6th Annual International Food Fair this year. In honor of our International President, we are going to be doing a Southern Theme.
- * Start bringing in those presents for the holidays. With the economy as it is, there will be plenty of families in need of a bit of holiday spirit and generosity.
- * August is National Cataract Awareness Month, Children's Eye Health and Safety Month, and Children's Vision and Learning Month.
- * The first Cabinet Meeting of the 2010-2011 year will be August 15, 2010. The meeting will be at Galt High School in Galt, CA. Lunch is \$9.00.
- * If you know of anyone interested in joining Lions, please invite them to a meeting or event. New faces are always welcome, without them we will not be able to grow.

President's Corner:

As a parent to a very independent eighteen month old, I am reminded of a familiar quote, "There are but two lasting bequests we can give our children. One is roots, the other, wings." I must remind myself that I must give her roots to grow, nourish, and become a beautiful woman while also giving her the ability to fly into adversity, with the wind, or simply to be herself. For a parent, the first is easy while the second, not so much.

Many of you know that my roots are firmly planted in North Carolina, not too far from the home of our current International President. My Lion roots come from the Davidson Lions club that participate in activities such as a food booth at the local college home games and supporting a local camp for the blind. From time to time, you may get a glimpse of those roots through my ideas, actions, and speech. My wings however are what brought me to California and this club.

While I do not consider myself the club's parent, as President I empower you to grow from the roots of the charter members and use your wings to go out into the community and help all those in need.

Yours in Lionism,
Lion Rebekkah McCurry, President





We Serve

Editor's Corner

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The "Lions Roar" is a publication of the Citrus Heights Lions Club, District 4-C5, Lions Clubs International and is published monthly except January and June.

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 PO Box 7482
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We're on the web:
citrusheightslions.com

ITEMS FOR THE TROOPS

Our awesome Tail Twister, Carmen Garcia has requested club members to help "treat" the troops with treats and special items. Carmen is planning a day of cooking at her home to make cookies and other treats. She would like us to help supplement with other items the troops need. Here is a list of some of the suggested items. All items are requested to be travel size so that they are easy to transport and pack in their bags.

- | | |
|------------------------|---------------------------|
| Hand/Baby Wipes | Sunscreen |
| Shampoo/Conditioner | Chapstick |
| Soap | Eye Drops |
| Gum | Laundry Soaps |
| Hard Candies | Nail Clippers |
| Socks | Brushes & Combs |
| beef jerky | Disposable Razors |
| Instant Soups | International phone cards |
| Gum | Books |
| Dried Fruit | Magazines |
| Tuna and Chicken packs | Dental Floss |
| Summer Sausage | Deodorant |
| Tea | Toothpaste |
| Instant Coffee | Toothbrushes |
| Hot Chocolate Mix | Pudding Cups |

Quiz: Can you figure these out? No Cheating!!
 Let's See How Well You Do

1. How many ridges does a dime have?
2. What is the only English word that ends in "mt"?
3. What was invented when someone walked past a radar and it melted the chocolate in their pocket?



George & Dorothy Clark Aug 3
 Jessica & Ed Mang Aug 6



Nicole Miller Aug 8
 Sandy Alendal Aug 9
 Dick Updegraff Aug 25

About Lions:

International :

More Volunteers in More Places than Any Other Service Club Organization

When it comes to meeting challenges, our response is simple: We serve. In 205 countries, in hospitals and senior centers, in regions battered by natural disaster, in schools and in eyeglass recycling centers, Lions are at work, helping, leading, planning and supporting. Because we're local, we can serve the unique needs of the communities we live in. And because we're global, we can address challenges that go beyond borders.

We want everyone to see a better tomorrow. That's why we support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. And raise donations through campaigns like SightFirst and Campaign SightFirst II.

We believe everyone deserves a healthy life. From providing health programs that focus on hearing loss to supporting efforts to control and prevent diabetes, we're working to improve the health of children and adults around the world.

We empower the next generation. Whether it's providing volunteer and leadership experiences in a Leo club or sharing a message of peace through our Peace Poster contest, our youth programs invest in the future by reaching out to young people.

We serve local communities – and protect the planet. From performing hands-on service projects to providing emergency assistance, our community and environment programs improve our communities – and protect the environment.

District 4C5: Project to help the environment

All District 4-C5 officers are looking ahead to a great start for the 2009-10 Lion year. Your Environmental Committee Chair is among them. In that regard, Vice District Governor Derek Leda and I have been looking ahead to having as many clubs as possible partner with the Sacramento Tree Foundation in tree planting activities this fall. You can do this as an individual club activity as some did last year or you might wish to partner with other clubs in your zone or region. Start thinking about this now. Fall will be upon us before we know it. The earlier you start talking about it and planning, the more successful your club's efforts will be.

The Sacramento Tree Foundation recently released the following announcement to all of the clubs in our District:

"Hundreds of Trees in Need of a Permanent Home" The Sacramento Tree Foundation is seeking volunteers and public land throughout the counties of El Dorado, Placer, Sacramento, Sutter, Yolo and Yuba to plant trees. Public land includes public schools, streets, parks, public buildings and open space/nature areas. If you or your club has a tree planting project in mind, we want to hear from you! Additionally, when you provide your name, club affiliation, zip code and email, the Sacramento Tree Foundation will keep you informed of projects in your community. Please direct correspondence to Anne Fenkner at the Sacramento Tree Foundation: (916) 924-TREE x 133 or anne@sactree.com .."

So, get the conversation rolling in your clubs and let's see what we can do as Lions to make a positive contribution to our environment's future. Projects like this will help minimize soil erosion and help improve animal habitats and improve the air we breathe. It's a win-win-win situation for all concerned.

RECAP OF THE JULY 2010 MEETINGS

Wed July 7, 2010

Old Business:

1. A tentative date of Aug 14th has been set for the postponed Steak & Scampi ****Please note that this has been changed since then to Sept 25th**
2. **Phil has requested that we make it a monthly project to help at the community garden once a month. People are there 9 a.m. the 3rd Saturday of every month. There is a special event taking place Sept 17th as well.**

New Business:

1. The club has decided to do our own housecleaning to save on money.
2. The club Christmas dinner will be December 18, 2010 and we would like to work with Roseville Host again this year on the Thanksgiving food baskets. Carole Woodbridge is going to work with local schools to find out the families in need.
3. The club members discussed White Cane Days in October. The date is set for October 9, 2010. It was discussed if we would like to do a dinner and invite the community or try and work with Wal-Mart and ask for donations.
4. Carmen Garcia is asking for assistance in making cookies for the troops. She is also asking for donations of other essentials the troops need.
5. School supplies are needed. We will be helping Lichen and Mariposa. Lion Tony has offered to donate some binders. Lions Carole and Claudia are heading this projecting.
6. Bonnie turned in 2446 pairs of glasses to Don Ring.
7. Don LaPlante was attending the meeting and requested everyone to show up for the International Food Fair August 22, 2010.

Wed June 14, 2010

Old Business:

1. Lions Tony & Linda let us know that tickets are now available for the Steak & Scampi on September 25, 2010. They are requesting some raffle prizes.
2. Lion Victoria asked her husband to come and check out the clubhouse and give us a quote on repairing the building. He will send us the quote later next week.

New Business:

1. Lion Julie has a friend that owns a hotdog place. He would like to team up and sell hotdogs at Sunday Funday.
2. We decided to do a Southern Theme for the International Food Fair in honor of our International President being from North Carolina.
3. Lion Phil is working on a Carnival to be held in front of Wal-Mart on October 9, 2010.

Wed June 21, 2010

Old Business:

1. Lions Tony & Linda have a sign up sheet for the Steak & Scampi. We have the hall for the entire day so we can do the set up in the morning.
2. Sunday Funday is September 26, 2010 and the club has been asked to help set-up the tables. The club will receive a free E-Blast from the Chamber of Commerce. The club has agreed to help with the set-up.
3. The menu has been set for the International Food Fair on August 22, 2010. We will be doing Jam-balaya, sweet tea, and cornbread. Lions Carole is Chairing the event.

New Business:

1. Lion Rebekkah announced that the bulletin was e-mailed out the previous day. She asked for any suggestions of ways to improve it or things to put in it.
2. Lion Phil is looking for volunteers for Stand Down. Stand Down is an operation to help homeless veterans with a multitude of services. Some of those services included are getting IDs from DMV, legal assistance for minor citations, haircuts, eye exams, glasses, new clothes, and a travel kit with soap, shampoo, comb, etc.

Wed July 28, 2010 Business Meeting

Agenda Items:

1. The 2010-2011 Budget was approved.
2. Lion Julie suggested that we take the money from the dinners and reallocate it from the convention funds and move it to a general building fund. This will allow for us to build up the

Quiz—Answers:

1. 118
2. Dreamt
3. Microwave

Wed July 28, 2010 (Continued)

1. building fund and complete some much needed repairs. The board decided to bring it to the entire club for the necessary 2/3 vote.
2. Lion Rebekkah notified the club that the county came and found that the sewer stub does not extend to the property line. Lion Steve is working with the city and will have a contractor come out to take up the sidewalk and make the sewer come to the property line.
3. The Facility Management committee gave a report of the options available to the club regarding the clubhouse. Lion Jessica read off a list of items that Lion Victoria's husband listed with quotes on the costs.
4. Lion Carole asked for a donation from the club to pay for paper products for the Veteran's Picnic September 11, 2010. The club voted to donate \$100 for the purchases.
5. Lion Jessica asked if we would like to try and get the Sight Van for the Senior Health Fair for May 14, 2011.
6. Lion Rebekkah let everyone know that the City of Citrus Heights has opened up for applications for the Community Building and Development Grant Funds. There is a meeting on August 3, 2010 at Trellis Hall for questions. Everyone is invited and encouraged to attend.
7. The club requested the Visitation Chair to schedule one visit a week. Lion Carmen said she would work over the next week to get some scheduled.

Riddle me this...

- Q.** What is lighter than a feather and harder to hold?
- A.** Your breath
- Q.** What do you call a chicken at the North Pole?
- A.** Lost
- Q.** What did the parrot wear a raincoat?
- A.** So he could be polyunsaturated.

Make-up clubs

Roseville Hosts Lions

1st & 3rd Wednesday—Noon
Maurice T Mahan Lions Lodge
107 Sutter Ave, Roseville

Sunrise Lions

1st & 3rd Tuesday—7 PM
Lyman Leak Youth Center
1203 Gabrielli Drive, Roseville

Orangevale Lions

1st & 3rd Tuesday—7 PM
Annie's Restaurant
8800 Greenback Ln, Orangevale

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In the Spotlight



SPECIAL AWARDS CONTEST

CONTEST PERIOD: April 1 through March 31

CHAIR: District Governor

COMMUNITY LEADERSHIP AWARD - Awarded to the club recognized by their own community as Community Leaders. The club best exemplifies the motto: Community Service, Community Leadership

COMMUNITY SERVICE PROJECT AWARD - Awarded to the club whose community service project involves its members, physically, in a project of benefit to a wide spectrum of the community. This project involves time, planning, involvement of most of the Club's members and some monetary considerations; an on-going type of project.

DISTRICT PROJECT AWARD - Awarded to a Club which initiated and/or spear headed a District project.

GOVERNOR'S MEMBERSHIP AWARD - Awarded to the Club with the greatest PERCENTAGE INCREASE in membership at the end of the contest year. The membership is as reported on April 1 of each year.

HUMANITARIAN SERVICE AWARD - Awarded to the Club best fulfilling a humanitarian need of an individual or group.

NET MEMBERSHIP AWARD - Awarded to the Club with the highest NET INCREASE in new membership at the end of the contest year. The membership is as reported on April 1 of each year. Transfers & reinstated members are excluded.

TOM and ANNAMAE GALLIGAN YOUTH AWARD - Awarded to a couple (at least one of which is a Lion) with exemplary involvement with a youth group or individual youth program, i.e., continuing hands-on projects, fundraising and teaching by example. The executive cabinet will make the selection. The award will be presented at our annual district convention.

Foreign Language Lessons

Southern Phrases

Long winded: He's got tongue enough for ten rows of teeth.

New Father: A new daddy is as proud as a dog with two tails.

Absolutely: Does a cat have climbin' gear?

Rain: It's rainin' so hard the frogs are drownin'.

August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11 CHLC Reg. Mtg 7:00 pm	12	13	14
15 Cabinet Meeting Galt, CA	16	17	18 CHLC Reg. Mtg 7:00 pm	19	20	21
22 International Food Fair Folsom, CA	23	24	25 CHLC Reg. Mtg 7:00 pm	26	27	28
29	30	31				

September Preview:

Sept 2: V-J Day
 Sept 4: Peter Rabbit's Birthday
 Sept 6: Labor Day
 Sept 7: International Angel Day
 Sept 10: California became the 31st State in 1850

Sept 13: National Chocolate Day
 Sept 19: Lincoln Hills Charter Night
 Sept 25: CHLC 14th Annual Steak & Scampi
 Sept 26: Sunday Funday @ Rusch Park
 Sept 28: National Good Neighbor Day

Club Officers — *"Everything counts in small amounts."*

www.citrusheightslions.com

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E-mail: jdolphins63@yahoo.com

District Officers — *"Whirlwind of Service"*

District Governor:	Richard Wilmot	916-683-5697
1st Vice District Governor:	James Fong	916-391-3666
2nd Vice District Governor:	Derek L. Ledda	916-419-7640
Secretary:	Laurie Dapelo	916-685-7642
Treasurer:	Tom Messier	916-967-0156

International Officers — *"We Serve"*

www.lionsclubs.org

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Citrus Heights Lions Club

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